

Celebrating 19 years serving Calgary and surrounding areas

Sandwiches 'N More Lunch & Catering Co. Ltd.

We are Proud to make all of our food fresh to order daily!

"We cater to events both large and small, and will make yours a truly tasteful experience! Call to discuss your group's requirements and leave the rest to us. We will prepare the perfect menu for your occasion!" Barb Wonnacott (Owner)

ORDERS:

We realize that last minute orders may be required and we will come to your rescue as quickly as we can. Because we can't plan ahead for you, all menu items may not be available.



403-301-5220



1-866-381-5220



sandwiches@shaw.ca



sandwichescatering.com

SPECIAL DIETARY REQUIREMENTS:

Please inquire about our assortment of options available to suit your special dietary requirements. Items and prices may vary. Some options include:
vegetarian, vegan, halal, dairy-free, gluten-free and nut free.

CONFIRMATION:

All orders MUST be confirmed to ensure fulfillment. If you have placed an order with us and have not received confirmation within 3 hours, please check back to ensure your order has been processed.

DELIVERY:

There is a one-hour delivery window for all orders

Upon placing your order let us know what time you plan to eat so we can arrange your delivery accordingly.

Order Total	\$20 - \$249	Delivery Charge	\$14.00
	\$250 - \$399		\$15.50
	\$400 - \$499		\$20.00
	\$500+		\$25.00

****Deliveries after 3:30pm start at \$16.00. Deliveries after 7:00pm start at \$20.00.****

****Weekend Deliveries start at \$18.00.****

Please inquire about out-of-town delivery fees to Airdrie, Chestermere, Cochrane, Rockyview, etc.



403-301-5220

Fax: 1-866-381-5220

Email: sandwiches@shaw.ca



COLD BREAKFAST OPTIONS:

Hard-boiled Eggs Served on a bed of lettuce (Whole or sliced)	\$2.00 each
Chilled Fruit Yogurt Served on ice.	\$2.25 each
Chilled Greek Yogurt Served on ice.	\$2.50 each
Whole Fruit Bananas, apples, oranges, pears, peaches, plums, strawberries and grapes (seasonal).	\$2.50 each
Fresh Butter Croissants Includes butter and a variety of jams.	\$3.75 each
Fresh Baked Goods An assortment of muffins, loaves, banana bread, coffee cake, quiche, scones, cinnamon danish, fruit danish, turnovers, strudel, cinnamon buns, and more.	\$4.50 (2 pieces)
Assorted Bagels Includes plain and flavoured cream cheese and butter (toasters are sent along).	\$4.00 each
Yogurt and Granola Plain yogurt served with granola mix.	\$4.00 each
Berries and Granola Yogurt Parfaits Individual cups of yogurt and berries topped with granola.	\$5.00 each
Continental Breakfast One freshly baked good, one pastry, one fresh fruit skewer/or fruit salad, toast, butter, peanut butter and jam (a toaster is sent along).	\$11.50 per person

HOT BREAKFAST OPTIONS:

Warm Cinnamon Buns Served right out of the oven with cream cheese icing on the side.	\$2.20 each
Frittatas An assortment of options such as: mushroom, ham, peppers, tomato, spinach, onion, cheddar, and feta. Served warm in individual tins topped with cheese. Salsa and ketchup on served on the side.	\$5.00 each
English Muffin Breakfast Sandwiches – So Popular!! Choose from bacon, ham, or sausage to top the egg and cheese on a toasted english muffin. Served warm and individually wrapped with ketchup on the side. Prefer a bagel instead? Add \$0.50 each.	\$5.00 each
Oatmeal Served with warm milk, brown sugar, cinnamon and berries- all on the side.	\$6.50 per person
Breakfast Casserole All mixed in one – eggs, hashbrowns, tomato, peppers, spinach, onion and topped with cheese. Option to add ham. Salsa and ketchup on served on the side.	\$7.00 per person
Breakfast Burritos Scrambled eggs mixed with tomato, peppers, spinach, and onion. Option to add ham. The tortillas are served on the side with salsa, sour cream, grated cheese, and ketchup.	\$7.25 each



HOT BREAKFAST BUFFETS:

Hot Breakfast Buffet with French Toast **\$13.50 per person**
 Two pieces of French toast are served with three pieces of grilled ham, sausage links, or bacon, and homestyle potatoes.
 Includes maple syrup, butter and ketchup.

Hot Breakfast Buffet with Pancakes **\$13.50 per person**
 Three Pancakes are served with three pieces of grilled ham, sausage links, or bacon, and homestyle potatoes.
 Includes maple syrup, butter and ketchup.

Hot Breakfast Buffet with Scrambled Omelette **\$13.50 per person**
 Your scrambled omelette is served with three pieces of grilled ham, sausage links, or bacon, and homestyle potatoes. Includes salsa and ketchup.

HOT BREAKFAST ADD-ONS:

available only when added to other breakfasts

Seasoned Homefries **\$2.50 per person**
 Served with ketchup on the side.

Toast with Spread **\$2.25 per slice**
 Includes butter, and a variety of jams. Peanut butter is optional.
 Toasters are sent along.

Meat Lovers

Sausage Links (per piece)	\$1.25
Bacon (per strip)	\$1.25
Honey Ham (per piece)	\$1.45

Scrambled Eggs **\$5.00**
 Light and Fluffy (3 eggs per person). Ketchup is served on the side.
 Top with marble or monterery jack cheese (add \$0.70 per person)

FRUIT & VEGGIES:

Fruit Salad **\$4.25 per person**

Fresh Seasonal Fruit Skewers **\$5.50 each**

Fresh Crisp Vegetables **Extra Small \$27.00**
 An assortment of broccoli, baby carrots, cauliflower, celery, cucumber, peppers, radishes, cherry tomatoes, and zucchini. **Small \$42.00**
 Served with our homemade creamy dill dip on the side (GF) **Medium \$70.00**
Large \$90.00

Fresh Fruit Platter **Extra Small \$27.00**
 An assortment of cantaloupe, grapes, honeydew melon, kiwi, oranges, pineapple, strawberries, watermelon and berries (seasonal). **Small \$42.00**
 Served with our light whipped fruit dip on the side. **Medium \$70.00**
Large \$90.00
Add an assortment of cheese for an additional \$0.65 per thick slice.

CHARCUTERIE TRAYS:

Made to Order. You let us know your budget, and we will create beautiful trays for you including, but not limited to:
 - prosciutto, salami, pepperoni, capicola ham, fruit, berries, cheese, cheese balls, mini toasts, crackers, baguettes, nuts, veggies, pickled items, olives, and grainy mustard, aioli, and pesto.



SANDWICHES:

Fresh Specialty Sandwiches and Wraps

1 sandwich per person \$6.75

1 1/2 sandwiches per person \$10.10

Gluten-Free sandwiches-add \$0.75

Each sandwich and wrap is cut into 2-4 pieces and beautifully arranged on a platter.

No need to worry about choosing your sandwiches... leave it to us ☺

We will create a wonderful assortment of breads, fillings, and toppings that is guaranteed to please everyone!

FRESHLY BAKED GOURMET BREADS:

Croissants, baguettes (multigrain, white, whole wheat, poppy seed), focaccia, ciabatta, 3/4" bread (marble rye, brown, white, sourdough, multigrain, linseed), filone, dinner rolls (2=1), kaisers (multigrain, cheese, onion, sesame, twist), whole wheat & white subs, pitas, and tortilla wraps (sun-dried tomato, whole wheat, pesto, cheese, and spinach).

FILLINGS:

Turkey breast, Honey Ham, Blackforest Ham, chicken breast, chicken salad, egg salad, Salmon, Montreal smoked meat, pastrami, corned beef, roast beef, tuna salad, and vegetarian.

TOPPINGS:

Lettuce, tomatoes, cucumbers, sprouts, onion, green peppers, banana peppers, pickles, dried cranberries, and sauerkraut.

CHEESE:

Swiss, Mozzarella, Marble, Cheddar, Monterey Jack, and Cream Cheese.

CONDIMENTS:

Mayo, Mustard, Honey-mustard, Grain Mustard, Ranch, Caesar, Cream Cheese, Pesto-Mayo, Cranberry-Mayo, and Aioli.

****Inquire about our Tea Sandwiches, and "Kids" Sandwiches****

An assortment of all 3/4" breads

1 sandwich per person \$6.25

-Multigrain, Brown, White, Linseed, and Marble Rye

Other wraps and subs:

Lettuce Wraps (Gluten-Free) "A sandwich without the bread" **\$7.10**
Rolled in rice paper to hold all the goodness together. Pesto & Aioli are served on the side.

Salad Rolls – Vegetarian, Chicken or Shrimp **\$7.35**
Served with hoisin, thai chili and peanut sauce on the side.

Chicken Caesar Wraps *(Minimum order of 4)* **\$7.50**
Cajun chicken, romaine lettuce, mozza, and parmesan. Caesar dressing is served on the side.

Chicken Souvlaki Wraps *(Minimum order of 6)* **\$7.50**
Chicken souvlaki, lettuce, tomato, cucumber, onion, and feta. Tzatziki sauce is served on the side.

Donair Subs or Wraps *(Minimum order of 6)* **\$8.00**
Donair meat, lettuce, tomato and onion. Sweet Donair sauce & Tzatziki are served on the side.



CREATE YOUR OWN SANDWICH:

Cold Cut Platter

This platter includes everything you will need to build your own custom sandwich:

-an attractive array of turkey breast, ham, roast beef, Montreal smoked meat, assorted cheese, scoops of tuna, egg salad, and chicken salad, a basket of croissants, kaisers, bread and wraps including garnishes of mayo, mustard, pesto-mayo, aioli, butter, lettuce, tomatoes, cucumbers, peppers, onions, and more.

1 sandwich/ person \$8.75
1 1/2 sandwiches/ person \$13.10

Deluxe Cold Cut Platter

The Deluxe platter is the Cold Cut Platter ... as well as carrots, celery, radishes, our creamy dill dip, and an assortment of pickles, and pickled items.

Add \$3.00 per person to the above Cold Cut Platter prices

GRILLED SANDWICHES:

Try our **NEW delicious twist on a deli sandwich. Can't decide? Let us make you an assortment!!**
(Grilled on focaccia, linseed bread, filone, marble rye, and chiabatta). **\$7.50**

Grilled Ham & Cheddar. Option to add tomato. Served with ketchup and aioli. **\$7.00**

Tuna Melt. Tuna, mozza, and pickles. Served with aioli. **\$7.00**

Grilled Bacon, Turkey, Tomato & Mozza. Served with ketchup and aioli.. **\$7.25**

Tandoori Chicken, Tomato, Onion & Cheese. Served with sour cream. **\$7.25**

Reuben. Corned beef, sauerkraut, swiss cheese. Served with thousand island. **\$7.25**

Chicken Cordon Blue. Swiss, chicken & ham. Served with marinara sauce. **\$7.75**

Chicken Quesadillas. Served with sour cream and salsa. **\$8.25**

BREAKFAST OR LUNCH ON THE GO!

Individual Breakfast or Lunch Bag/ Box

"Going on a road-trip, or require individual breakfasts or lunches for a group?"

Prices Vary with selection
(Please Inquire)

Please inquire about our full selection of options to create your own custom bag. Some of the favourites include: sandwiches, pasta salad, fruit salad, whole fruit, cheese sticks, bag of chips, muffin, cookie, brownie, yogurt, pop, juice, bottled water.

COMBINATION LUNCHES:

Feel like a salad, or bowl of soup with your sandwich or hot entrée? **We will offer a discount of \$0.50 per person.**

"Hot Lunch" and Salad Combo- Add your choice of any salad to a hot lunch.

Sandwich and Salad Combo- An assortment of specialty sandwiches with your choice of any salad.

Sandwich and Soup Combo- An assortment of specialty sandwiches with your choice of soup with crackers.

Soup and Salad Combo- Your choice of soup with crackers, and your choice of salad.
Add a dinner roll and butter for \$1.30 per person.



COLD APPETIZERS & SIDES:

Potato Chips (individual serving bag)	\$2.00
Homemade Bruschetta *Vegetarian* Served with sliced baguette, linseed bread, crackers, and mini bruschetta toasts.	\$2.00 each
Cheese and Crackers Platter *Gluten-free crackers are available upon request.* A variety of crackers are served with thick slices of cheddar, swiss, marble, mozzarella, and specialty cheeses such as: Monterey jack, babybell, Havarti, and jalepeno jack. **Inquire if you would like a cheese ball added**	\$1.10 each (one cheese + one cracker)
Cold Cut and Cheese Tray Fanned turkey, ham, pastrami, roast beef, and turkey are accompanied by thick slices of cheddar, marble, mozzarella, swiss, specialty cheeses, and garnish. **Inquire if you would like a cheese ball added** Add crackers for an additional \$0.75 per person.	\$1.75 each (one cheese + one cold cut)
Tortilla Chips and Dip *Vegetarian* Warm refried beans, as well as salsa, and sour cream are perfect for dipping your tortilla chips and naan bread.	\$5.00 per person
Pinwheel Tortilla Rolls "Two-bite" cream cheese tortilla rolls with assorted fillings of ham, turkey, roast beef, and montreal with tomato or cucumber, and cheese.	\$14.00 per dozen
Taco Pinwheel Tortilla Rolls "Two-bite" Mexican cream cheese tortilla rolls with shredded chicken, diced bell peppers, green onion, and cheddar.	\$15.50 per dozen
Devilled Eggs *Vegetarian/ Gluten-Free*	\$18.00 per dozen
Hummus *Vegetarian* Our homemade garlic chickpea dip is served with naan bread, carrots and celery.	\$24.00 per dozen
Prawns Large prawns are served on a bed of lettuce on ice with cocktail sauce on the side.	\$28.00 per dozen
Spinach Dip in a Breadbowl *Vegetarian* Served in a sourdough bread bowl with an assortment of breads, sliced baguette, and crackers for dipping.	\$28.00
Layered Taco Dip *Vegetarian/ Gluten-Free* Layers of cream cheese, salsa, diced tomatoes, green onion, bell peppers, and grated cheese are complimented with nacho chips.	Extra Small \$25.00 Small \$35.00 Medium \$55.00 Large \$75.00
Layered Seafood Dip *Gluten-Free* Layers of cream cheese, seafood sauce, pollock, baby shrimp, diced tomatoes, green onion, bell peppers, and grated cheese are complimented with nacho chips.	Extra Small \$30.00 Small \$45.00 Medium \$65.00 Large \$85.00
Sausage, Pepperoni, Salami, and an assortment of Pickles The perfect side to your sandwiches, or as an appie.	Extra Small \$30.00 Small \$50.00 Medium \$80.00



HOT APPETIZERS & SIDES:

Mini Quiche *Vegetarian*	\$2.50 each
Assorted fillings (options include ham, onion, peppers, spinach, tomato, mushrooms), and topped with feta or marble cheese and parsley.	
Mini Burgers (Sliders)	\$7.00 each
Accompanied by assorted sliced dinner rolls, and served with BBQ sauce, ketchup, mustard, relish, onions, tomato, lettuce, and cheese.	
Sweet and Sour Meatballs	\$16.00 per dozen
Mixed with chunks of pineapple, and bell peppers.	
Spring Rolls *Vegetarian*	\$19.00 per dozen
Includes plum sauce on the side for dipping.	
Stuffed Mushrooms *Vegetarian/ Gluten-free*	\$19.00 per dozen
So delicious that you can't stop at one!! Option to add ham. Topped with grated cheese.	
Warm Cranberry Brie *Vegetarian*	\$28.00
Served warm in with an assortment of breads, sliced baguette, and crackers for dipping. *Gluten-free crackers are available upon request.*	
Artichoke Dip *Vegetarian*	\$28.00
Served warm in with an assortment of breads, sliced baguette, and crackers for dipping. *Gluten-free crackers are available upon request.*	
Layered Pizza Dip	Extra Small \$26.00
Layers of seasoned cream cheese, pizza sauce, diced tomatoes, green onion, bell peppers, olives, sausage, and grated mozza are complimented with naan bread, and baguette crackers.	
	Small \$35.00
	Medium \$55.00
	Large \$75.00

SOUPS, CHILI, and STEWS:

Hot Steaming Soup *Inquire about our Gluten-free and Dairy-Free Options* **\$4.00**

Your choice of: Beef Barley, Chicken Noodle, Cream of Broccoli with Cheddar, Italian Wedding, Cream of Cauliflower with Cheddar, Wild Mushroom, Wonton, Chicken Gumbo, Minestrone, Tomato Tortellini with Spinach, Chicken with Wild Rice, Vegetable Beef, Potato Bacon Cheddar, Tomato Bisque, and Taco Soup.

-Served with crackers.

Add a dinner roll with butter for \$1.30.
Add our warm cornbread with garlic butter for \$1.75.
Add our warm garlic & cheese scones for \$1.75.
Bread bowls are available in multiples of 12

Chili *Vegetarian option is made with veggie ground round for \$9.25* **\$8.75**
 Ground beef, kidney and brown beans, tomatoes, vegetables, and spiced to perfection.
 -Grated cheese is served on the side.
 Accompanied by a dinner roll and butter.

Upgrade to our warm cornbread with garlic butter for \$1.75.
Upgrade to our warm garlic & cheese scones for \$1.75.



SALADS:

Salads are served in a large bowl. *Prices are per person.*

Let us know if Gluten-free dressings are required

-INDIVIDUAL “Meal” Salads are \$10.50. Add meat to your “Meal” Salad for \$2.00.

Coleslaw Salad *Vegetarian/ Gluten-Free*	\$4.25
A crisp mixture of carrots, cabbage, red pepper, and green onion tossed in our creamy dressing.	
Caesar Salad	\$4.25
Tossed with our homemade garlic croutons, mozzarella and parmesan cheese. <i>(bacon bits at request)</i>	
Add sliced chicken breast to your salad for an additional \$1.50 per person.	
Cucumber Dill Pasta Salad *Vegetarian*	\$4.25
Bowtie Pasta and diced veggies are tossed in a light cucumber dill dressing.	
Garden Salad *Vegetarian*	\$4.25
Mixed greens with lots of veggies, and topped with grated cheese, purple onion, and sliced egg.	
Assorted dressings are served on the side.	
Add sliced chicken breast to your salad for an additional \$1.50 per person.	
House Salad *Gluten-free/ Vegetarian*	\$4.25
Mixed greens, cherry tomatoes, cucumber, celery, purple cabbage, and rings of purple onion.	
Our vinaigrette dressing, and garlic croutons are served on the side.	
Marinated Vegetables *Vegetarian*	\$4.25
A crunchy and colourful blend of veggies marinated in a roasted red pepper dressing.	
Mexican Bean Salad *Gluten-free/ Vegetarian*	\$4.25
A mixed bean, vegetable, and chick pea medley with a red wine vinegar dressing.	
Potato Salad *Gluten-Free*	\$4.25
The perfect combination of dill, finely chopped carrots, celery, and green onion mixed with diced potatoes makes this a perfect addition to your sandwich or burger.	
Quinoa Salad *Gluten-Free*	\$4.25
The quinoa is mixed with cherry tomatoes, cucumber, chick peas, black beans, bell peppers, spinach, a hint of onion, and a nice light dressing.	
Tuna Pasta Salad	\$4.25
A creamy mixture of pasta shells, tuna, peas, carrots, celery, and a hint of onion.	
Greek Pasta Salad, or Greek Salad on a bed of Romaine	\$4.25
Pasta or romaine lettuce mixed with black olives, feta cheese, tomatoes, cucumbers, broccoli florets, and diced onion are tossed in our spicy, oregano dressing.	
Greek Salad *Gluten-free/ Vegetarian*	\$4.75
Black olives, feta cheese, tomatoes, cucumbers, broccoli florets, and diced onion are tossed in a spicy oregano dressing.	
Layered Salad *Gluten-free/ Vegetarian*	\$4.75
Iceberg lettuce, celery, red pepper, peas, rings of purple onion, hard-boiled egg, and cheddar cheese. Option to add bacon bits. Served with a creamy dressing on the side.	
Thai Mango Salad *Gluten-free/ Vegetarian*	\$4.75
Mixed greens with pickled carrots, red pepper, celery, noodles, mango, and toasted sesame seeds. Dressings are served on the side.	



SALADS (continued):

Broccoli Salad *Gluten-free/ Vegetarian*	\$4.75
Broccoli, feta, dried cranberries, sliced almonds, diced onion, and sunflower seeds are tossed in a light yogurt dressing.	
Greek Salad *Gluten-free/ Vegetarian*	\$4.75
Black olives, feta cheese, tomatoes, cucumbers, broccoli florets, and diced onion are tossed in a spicy oregano dressing.	
Spinach Salad *Gluten-free/ Vegetarian*	\$4.75
Diced tomatoes, cucumbers, and purple onion are mixed with spinach leaves, sliced almonds, and feta cheese, and topped with hard-boiled eggs. Spicy Italian and poppyseed dressings are served on the side.	
Tomato and Cucumber Salad *Vegetarian*	\$4.75
Cherry tomatoes, cucumber, green pepper, coloured peppers, chickpeas and a hint of onion are tossed in a roasted red pepper dressing with parmesan.	
Spring Salad *Gluten-free*	\$5.25
Spring-mix salad greens, mandarin oranges, strawberries, dried cranberries, diced chicken, feta cheese, and sliced almonds mixed together. Raspberry vinaigrette & poppy seed dressing are served on the side.	
Cobb Salad *Gluten-free*	\$5.50
Spring-mix salad greens, tomato, crisp bacon, chicken breast, hard-boiled eggs, avocado, corn, black beans, onion, diced chicken, and feta cheese. Assorted dressings are served on the side.	

BAKED CHICKEN BREASTS MADE YOUR WAY:

Most of our hot lunches have vegetarian, and gluten-free options. Please inquire.

Prices are per person.

<u>"TASTE OF INDIA"</u>	\$14.00
Our Butter Chicken, and Curry Chicken are served with rice, steamed vegetables and warm naan bread with garlic butter.	
<u>"GO LIGHT"</u>	\$14.00
Grilled Chicken Breasts served with a fresh fruit salsa on the side, wild rice, and a house salad.	
<u>"GO GREEK"</u>	\$14.00
Chicken souvlaki is served with roasted potatoes or rice, steamed veggies, and warm naan bread with garlic butter. Our tzatziki sauce is served on the side.	
<u>CRANBERRY CHICKEN, HONEY MUSTARD CHICKEN, TARRAGON MUSHROOM CHICKEN.</u>	\$14.00
Includes choice of potato (garlic mashed, roasted, scalloped with cheese, or rice) and steamed vegetables. Accompanied by a dinner roll and butter.	
<u>"TASTE OF THE SOUTHWEST"</u>	\$15.00
Our Southwestern Chicken has a crispy coating on the tender chicken breasts. Served with fried mashed potatoes, skillet corn, and warm cornbread with garlic butter.	
<u>CHICKEN CORDON BLUE-</u>	\$16.00
We lightly coat our stuffed chicken with panko before baking it. Includes choice of potato (garlic mashed, roasted, scalloped with cheese, or rice) and steamed vegetables. Accompanied by a dinner roll and butter.	



CRAVING ITALIAN? - HOT PASTA LUNCHES:

Our pastas have vegetarian, and gluten-free options. Please inquire. *Prices are per person.*

All Pastas are accompanied with a dinner roll and butter.

Tired of dinner rolls? Upgrade to a warm bread option for \$1.75.

- flaky crescent rolls with butter
- bannock with butter
- cornbread muffins with garlic butter
- garlic & cheese scones with butter
- garlic bread with parmesan cheese

<p>Mac' N Cheese *Vegetarian*</p> <p>Baked with four cheeses, coloured peppers, tomato, a touch of onion, and topped with homemade garlic crouton crumbs. Accompanied by a basket of assorted dinner rolls with butter..</p>	<p>\$12.00</p>
<p>Beef Stroganoff</p> <p>Ground beef, mushrooms, broccoli, and a touch onion are mixed with noodles, and our creamy sauce. Accompanied by a basket of assorted dinner rolls with butter.</p>	<p>\$12.00</p>
<p>Bow-Tie Sausage Pasta</p> <p>This dish consists of bow-tie pasta, chunks of Italian sausage, and vegetables mixed in a tomato basil sauce. Accompanied by a basket of assorted dinner rolls with butter.</p>	<p>\$12.00</p>
<p>Spaghetti</p> <p>Choose from either homestyle meat sauce with vegetables, or tomato sauce with meatballs. Accompanied by a basket of assorted dinner rolls with butter.</p>	<p>\$12.00</p>
<p>Three-Cheese Spinach Cannelloni *Vegetarian*</p> <p>Feeling cheesy? Try our yummy cheese and spinach cannelloni. Accompanied by a basket of assorted dinner rolls with butter.</p>	<p>\$12.00</p>
<p>Penne Pasta</p> <p>Penne pasta with your choice of chicken, beef, or shrimp. Mixed with broccoli, zucchini, mushrooms, celery, cauliflower, onion, and tomatoes in our marinara sauce. Accompanied by a basket of assorted dinner rolls with butter.</p>	<p>\$12.00</p>
<p>Fettuccine Alfredo with Chicken</p> <p>Fettuccine noodles, cajun chicken, spinach, broccoli, and onion are tossed in our alfredo sauce. Accompanied by a basket of assorted dinner rolls with butter.</p>	<p>\$12.00</p>
<p>Lasagna</p> <p>Beef or veggie...and very cheesy. Everyone's favourite! Accompanied by our warm garlic bread on your choice of filone, linseed bread, or chiabatta.</p>	<p>Beef - \$12.00 Veggie \$13.00</p>
<p>Jambalaya</p> <p>Try our Jambalaya with spicy sausage, chicken, and veggies mixed with penne pasta. It has a bit of a kick!</p>	<p>\$12.50</p>
<p>Pizza</p> <p>Choose your unlimited toppings on your thin crust 12" pizza... or let us make you our favourites!</p>	<p>\$14.00</p>



HOW ABOUT A MEXICAN LUNCH?

We have vegetarian, and gluten-free options. Please inquire. *Prices are per person.*

Beef Tacos *2 per person* **\$12.00**

Includes hard and/or soft tortilla shells, and perfectly spiced ground beef with onion.
Shredded lettuce, diced tomatoes, salsa, sour cream, and grated cheese are served on the side.
Spanish rice completes the meal.

Create your own Mexican Fiesta *2 per person* *Vegetarian* **\$12.00**

Warm refried beans are served with soft tortillas. Taco chips, salsa, sour cream, green onion, black olives, diced tomatoes, and grated cheese are served on the side.
Spanish rice completes the meal.

Create your own Fajitas *2 per person* **\$12.00**

Includes tortillas, grilled chicken or beef, sautéed bell peppers, and onions.
Sour cream, salsa, diced tomatoes, and grated cheese are served on the side.
Spanish rice completes the meal.

... AND THERE ARE STILL MORE HOT ENTREES TO CHOOSE FROM!

We have vegetarian, and gluten-free options. Please inquire. *Prices are per person.*

BBQ Hamburgers **\$11.00**

Enjoy your 8oz seasoned burger on a cheese, multigrain or onion Kaiser.
Dress your burger with cheddar, swiss, or marble cheese, tomato, onion, lettuce, banana peppers, pickles, mustard, relish, ketchup, and BBQ sauce.

Chow Mein **\$12.00**

Chow mein noodles are sautéed with your choice of chicken, beef, or shrimp and diced vegetables in a flavourful sauce. Soya sauce and hot sauce are served on the side.
Accompanied by a basket of assorted dinner rolls with butter.

Stirfry with Rice **\$12.00**

Grilled vegetables with your choice of chicken, beef, or shrimp marinated in either teriyaki sauce, sweet and sour sauce, or oyster sauce.
Accompanied by a basket of assorted dinner rolls with butter.

Shepherd's Pie **\$12.00**

Perfectly spiced ground beef is mixed with peas, corn, diced carrots, and onion and topped with garlic mashed potatoes and melted grated cheese.
Accompanied by a basket of assorted dinner rolls with butter.

Meatball Medley **\$12.00**

Lightly coated sweet & sour meatballs, bell peppers, and pineapple served with rice, and a corn, pea, carrot medley. Accompanied by a basket of assorted dinner rolls with butter.

Good Ol' Fashioned Meatloaf topped with Tangy Sauce **\$13.00**

Served in muffin cups with your choice of potato (garlic mashed, roasted, scalloped with cheese, or rice) and steamed vegetables.
Accompanied by a basket of assorted dinner rolls with butter.

BBQ Beef on a Bun, or Pulled Pork on a Bun **\$13.75**

Build it yourself. Includes kaisers, sliced dinner rolls and filone, sliced tomato, cheese, and rings of onion. Accompanied by baked beans, and your choice of potato salad, or coleslaw.



HOT ENTREES (continued):

Go Ukrainian	\$14.00
Our Cabbage Rolls are cooked in tomato sauce. Accompanied by spicy Garlic Sausage and Perogies. Fried & green onion, bacon bits, sour cream, and mustard are served on the side.	
Rosemary and Apple Pork Loin Roast	\$14.00
Topped with warm apples. Served with your choice of potato (garlic mashed, roasted, rice, or scalloped with cheese) and steamed vegetables. Accompanied by a basket of assorted dinner rolls with butter.	
Salmon Fillet with Lemon Dill Cream Sauce, or Maple Pecan Crusted Salmon	\$15.25
Served with rice, and squash or green beans. Accompanied by a basket of assorted dinner rolls with butter.	
Roast Beef with Horseradish and Gravy	\$18.00
Includes choice of potato (garlic mashed, roasted, scalloped with cheese, baked, or rice) and choice of vegetable. Accompanied by Yorkshire Pudding.	
Turkey Dinner (with all the fixins!)	\$19.50
This Festive Meal includes creamy mashed potatoes, our amazing gravy, our raved-about homemade stuffing, choice of vegetable, and cranberry sauce. Accompanied by warm crescent rolls with butter.	

COLD BEVERAGES:

Bottled Water	\$1.90
Cans of Pop	\$1.90
Small Chilled Juices	\$2.10
Apple, Orange, Cranberry, and 5-Alive.	
Milk - White or Chocolate (500ml)	\$2.55
V-8 Juice or Tomato Juice	\$2.75
Perrier Water/ San Pellegrino/ Snapple	\$2.90

HOT BEVERAGES:

Assorted Herbal Teas	\$2.00
Includes a carafe of hot water, and individual packages of assorted teas. Comes complete with cups, lids, creamers on ice, sugar/ sweetener, and stirsticks.	
Brewed Tim Horton's Coffee (Available in 5 cup denominations)	\$2.00
Comes complete with cups, lids, creamers on ice, sugar/ sweetener, and stirsticks.	
Hot Chocolate	\$2.25
Creamy and chocolatey. Complete with marshmallows on the side.	
Apple Cider – Complete with a cinnamon stick!	\$2.25



DESSERT TIME:

Fruit-Filled Tarts	\$2.75
Each fruit-filled tart is decorated with fruit, coconut, chocolate chips, or whipped cream	
Dessert Squares	\$3.20 (2 pieces)
An assortment of Rice Krispie Squares, Peanut Butter Marshmallow Squares, Puffed Wheat Squares and Peanut Butter Chocolate Crunch (2 per person).	
Apple Strudel	\$3.30
Tastes as good as pie with huge chunks of apple mixed with cinnamon (1 per person).	
Dessert Breads	\$3.50 (2 pieces)
Carrot cake, chocolate zucchini, banana chocolate, cinnamon walnut, pineapple-coconut, lemon cranberry, maple walnut, and lemon poppyseed (2 slices per person).	
Fresh Baked Small Cookies	\$3.50 (2 pieces)
An assortment of oatmeal-raisin, oatmeal chocolate chip, chocolate chunk, granola health, shortbread almond, smartie, fudge brownie, chocolate pecan, peanut butter, macadamia nut, white chocolate chunk, and gingersnap cookies (2 per person).	
Specialty Squares	\$3.50 (2 pieces)
An assortment of Baklava, Butterscotch Bars, Carrot Cake, Caramel Squares, Date Squares, Fudge Brownies, Lemon Bars, Macaroon Madness, Magic Cookie Bars, Mini Cupcakes, Nanaimo Bars, Triple Berry Crumble and Triple Chocolate Fudge Cake (2 per person).	
Assorted Dessert Platter	\$3.80 (2 pieces)
An assortment that is sure to please everyone! (2 per person).	
The "Old Favourites"	\$4.50
Individual parfait cups of Chocolate, Butterscotch, or Vanilla pudding, and fruit-flavoured Jello- topped with whipped cream.	
Creamy Oreo Dip *(Minimum order of 6)*	\$5.00 per person
The sweetness of a decadent dessert with all the fun of a dip. Served with Oreo Thins, and Vanilla Wafers on the side.	
Apple Crisp *(Minimum order of 6)*	\$5.00 per person
Baked apples, topped with a crisp streusel topping. Served with cool whip on the side.	
Mississippi Mud Pie *(Minimum order of 6)*	\$5.75 per piece
Light and creamy... melts in your mouth!!	
Cherry Cheesecake *(Minimum order of 6)*	\$6.00 per piece
Our homemade cheesecake is very creamy - topped with cherry pie filling.	
Angel Food Cake	\$6.00 per person
Served with mixed berries and whipped cream on the side.	
Skewered Brownies and Strawberries *seasonal*	\$6.75 each
For your chocolate fix!! Cool whip is served on the side.	
Homemade Pie	\$16.00 per pie
You name the fruit and we'll make it! Our favourites are lemon meringue, pumpkin, cherry, and apple (serves 6-8 people).	



POLICIES, SERVICES, AND PAYMENT:

CANCELLATION:

Cancellations must be received and confirmed by Sandwiches 'N More before the order is to be delivered. Cancellations received with less than 12 hours notice may be subject to a cancellation charge but we will definitely help you out the best we can!!

PAYMENT:

We accept email transfer, direct deposit, VISA, MasterCard, Amex, cheque, and cash. Credit card information must be called or emailed in prior to your delivery. All orders are subject to 5% GST. Interest charges will occur after 30 days.

DEPOSITS:

All orders over \$1000 require a 50% deposit upon booking.

DISPOSABLE PLATES AND UTENSILS:

Paper plates, paper bowls, napkins, and plastic utensils are available with your order for a surcharge of \$0.15 per person.

DINNERWARE:

All Dinnerware (plates), glassware, mugs, silverware, linens, and so on will incur a rental fee (ask us for a quote).

EQUIPMENT:

All orders requiring crock pots, steam tables, coffee urns, and toasters will include a \$5.00 rental fee, as well as a surcharge of \$13.00 for pick-up of the equipment the following business day. **Let us know if you prefer pick up the same day, and we will arrange that for you.**

If you have another order being delivered the following day, then there is NO pick-up fee.

Any misplaced items will be charged back to the client

MINIMUM FOR MULTIPLE SELECTIONS of Salads and Hot Entrees:

We do cater to groups under 10 people. But there is a 10 person minimum requirement if you wish to order more than one choice of hot entrées and salads.

We do offer individual meals for individuals with special dietary requirements.

EVENT CATERING:

Inquire about our special menus for Stampede Breakfast, Stampede BBQ meals, Thanksgiving, and Christmas.

SERVERS:

We offer Servers to allow your Event to run stress-free and smoothly at a rate of \$20.00 cash per person per hour (Minimum two hours). **Call for availability**.

Menu Date: February 2020

PRICES ARE SUBJECT TO CHANGE

